25th Annual ITNS Symposium

TRANPLANT NURSING
Bridging Passion, Practice, and Patient Care

The premier transplant nursing event

14–16 October 2016
The Westin Pittsburgh
Pittsburgh, PA, USA

Register by 19 September to save $100. Earn up to 30 contact hours!
Please join us as we celebrate our milestone 25th anniversary! This symposium marks the 25th Annual Symposium for the International Transplant Nurses Society (ITNS). As with every ITNS symposium, opportunities exist for your professional growth and development. You will want to be here for this premiere event! It is historic as we return to our roots, and where it all began on 12 March 1992 in Pittsburgh, Pennsylvania.

“It all began, with a definite plan...” With the explosion of solid organ transplantation in Pittsburgh during the late 1980s and transplant nurses coming from all over to learn about transplant patient care, ITNS began as a way to share transplant knowledge and expertise in Pittsburgh both nationally and internationally. Co-founder Kandy Yarris Newell, BSN RN, and I found there wasn’t a nursing organization for transplant nurses at the bedside. So, why not start it here in Pittsburgh? And so it all began.

Because Pittsburgh is a melting pot and the city of bridges, it is fitting that as transplant nurses we gather here to celebrate our passion for transplant patient care. As an attendee, you are poised to bridge that passion collaboratively as we join with international nurses, pharmacists, and physicians to examine our past, present, and future in transplantation. Hear the latest international nursing research and be inspired by novel nursing approaches to patient care. Connect both professionally and socially with colleagues from around the world at the 25th Anniversary Reception on Saturday, 15 October. You’ve got to be here to celebrate your passion and to celebrate us!

Nancy L. Stitt, BSN RN, Co-founder of ITNS
Keynote Address: Historical Perspectives in Organ Transplantation

John J. Fung, MD PhD
John J. Fung, MD PhD, will provide a review of the history of key developments in solid organ transplantation with a perspective of future developments. Dr. Fung is the chairman of the Digestive Disease Institute and the former chairman of the Department of General Surgery at Cleveland Clinic. Prior to this, he was the chief of the Division of Transplant Surgery at the University of Pittsburgh. With more than 30 years of involvement in kidney, liver, pancreas, islet, and intestinal transplantation, he is also an accomplished immunologist.

Invited Speakers

Jorge D. Reyes, MD
Jorge D. Reyes, MD, is director of Transplant Services at Seattle Children’s Hospital and chief of the Division of Transplantation in the Department of Surgery at the University of Pittsburgh. He received his MD degree and advanced surgical training in Brazil and completed various surgical residencies, research positions, and fellowships at Harvard, New York Medical College, and the University of Pittsburgh.

Stephen Francis Badylak, DVM PhD MD
Stephen Francis Badylak, DVM PhD MD, is a professor in the Department of Surgery and deputy director of the McGowan Institute for Regenerative Medicine at the University of Pittsburgh. Dr. Badylak holds more than 50 U.S. patents and 200 international patents, has authored more than 300 scientific publications and 40 book chapters, and edited a textbook Host Response to Biomaterials.

Ethics Panel

George V. Mazariegos, MD
Jorge D. Reyes, MD
Join leading experts in the field of transplant for a lively presentation and discussion that will cover both domestic and international ethical issues impacting our work, patients, and profession.

Patient Family Presentation: The Boy Who Saved Thousands of Lives

Reg Green
Reg Green (www.nicholasgreen.org) is the father of 7-year-old Nicholas who was shot during an attempted car-jacking while on a family vacation in Italy. Reg and his wife, Maggie, donated Nicholas’ organs and corneas, which went to seven very sick Italians, four of them teenagers. Since then Reg, a former journalist, has written two books and innumerable articles on organ donation, given speeches around the world to every type of audience from kindergartners to hospices, made a series of documentaries that are used in hospitals in every state, and been interviewed by everyone from Oprah Winfrey and the New York Times to Vatican Radio and Taiwan’s Buddhist television channel. Nicholas’ Gift, a made-for-television movie based on the Greens’ story, garnered an audience of 100 million views and an Emmy nomination for star Jamie Lee Curtis. In Italy alone donation rates have tripled, saving thousands of lives.
Featured Nurse Leaders at the Annual ITNS Symposium

**Chronic Illness Management, Heart Transplantation, and Patient Survival: Bright Study**

*Sabina De Geest, PhD RN RAAN FRCN*  
Professor of Nursing, University of Basel, Switzerland; KU Leuven, Belgium

Innovation in care processes based on chronic illness management (CIM) has shown to improve outcomes in the chronically ill. We hypothesized that a higher level of CIM in post-heart transplant (HTx) follow-up care is associated with better patient survival. Using data from the BRIGHT study, we assessed CIM from the patients and clinicians' perspectives. We found an association between higher levels of CIM and lower mortality in HTx patients, highlighting a potential pathway for improving outcomes after HTx by investing in innovative systems of care based on principles of CIM.

**A Meta-Analysis of Determinants and Outcomes of Medication Adherence in Adult Solid Organ Transplantation**

*Cynthia Russell, PhD RN ACNS-BC FAAN*  
Professor, University of Missouri-Kansas City, Missouri, USA

Innovation in care processes based on chronic illness management (CIM) has shown to improve outcomes in chronically ill. We hypothesized that a higher level of CIM in post-heart transplant (HTx) follow-up care is associated with better patient survival. The BRIGHT study, a multi-center, cross sectional study, included a convenience sample of 36 HTx centers in 11 countries and 4 continents. Many ITNS members were involved in the design and implementation of this study. We found an association between higher levels of CIM and lower mortality in HTx patients, which highlights a potential pathway for improving outcomes after HTx by investing in innovative systems of care based on principles of CIM.

**They're Here! The 2nd Edition of the Core Curriculum and the Clinical Ladder for Transplant Coordinators**

*Sandra Cupples, PhD RN*  
National Director, Clinical Services, Veterans Health Administration, Washington, DC, USA

This session will showcase two of ITNS’s most recent contributions to the field of transplant nursing: the second edition of the *Core Curriculum for Transplant Nurses* and the Clinical Ladder for Transplant Coordinators.

**FRIDAY, 14 OCTOBER**

**17:30–20:30**

**Let ITNS Help Take Your Career to the Next Level: Leadership, Mentoring, and Career Development in Transplant Nursing**

*Cynthia Russell, PhD RN ACNS-BC FAAN; Donna Hathaway, PhD; Mark Lockwood, MSN RN CCRC; Catherine Pantik, BSN RN; Justin Bilik; Laura A. Taylor, PhD RN ANEF*

Be ready to engage, reflect, and form partnerships with nurses from around the world in this interactive dinner meeting. Join us for an evening of collegiality and strategy building to support your transplant nursing journey. Program leaders will share skills for growth, development, and career success! Whether you are just beginning to consider advanced practice education or doctoral efforts, in the middle of your course work, or getting ready to graduate from your program, ITNS has gathered nationally renowned speakers to support and mentor members along many phases of their career practice. Dinner will be provided. An additional fee of $25 applies. Preregistration is required. Space is limited.
Special Events

THURSDAY, 13 OCTOBER
13:00–14:30
Hospital Tour
University of Pittsburgh Medical Center

For more than 30 years, UPMC has been a leader in the field of transplantation, giving hope to thousands of patients living with life-threatening organ failure. From the early years when Dr. Thomas E. Starzl pioneered a new field of surgery, to the development of immunosuppressive therapies, UPMC continues to participate in advanced clinical research creating alternative life-giving transplant options for patients around the world. Since its inception in 1981, UPMC has performed more than 17,500 transplants, including liver, kidney, pancreas, small bowel, liver/small bowel, heart, heart/lung, double-lung, single-lung, and multiple-organ transplants.

Children’s Hospital of Pittsburgh of UPMC

As the nation’s first pediatric transplantation program, Children’s Hospital of Pittsburgh of UPMC has been at the forefront of pediatric transplantation for more than 30 years. The hospital has performed more pediatric transplants than any other pediatric transplant center in the United States and achieves patient survival rates that are among the highest in the world. In addition to solid organ transplants, Children’s Hospital of Pittsburgh specializes in bone marrow and cellular transplant. Advancements in small bowel transplant and treatment of metabolic disease with liver transplantation were pioneered at Children’s.

THURSDAY, 13 OCTOBER
18:00–20:00
Opening Reception with Exhibits and Posters

Mingle with exhibitors in the exhibit hall, network with attendees, and view the posters during the opening reception. Light appetizers will be served and all attendees are invited.

FRIDAY, 14 OCTOBER
17:30–18:30
The Transplantation Society (TTS) Women in Transplantation Networking Cocktail Reception

Join members of the Women in Transplantation Initiative of TTS for a discussion about issues affecting women in the field of transplantation and the medical community in general, followed by an opportunity to network with your peers. Light snacks and drinks will be served. Preregistration is required.

SATURDAY, 15 OCTOBER
20:00–22:00
25th Anniversary Reception

Join us at Olive or Twist to celebrate the 25th anniversary of ITNS with drinks, appetizers, dancing, a photo booth, and more! An additional $70 fee applies. Preregistration is required.
Presymposium
THURSDAY, 13 OCTOBER
08:00–17:15
Pharmacology for Transplant Nurses
Speakers: TBD
Sign up for the full presymposium session to earn 8 hours of pharmacy credit, or sign up for just the morning or afternoon session to earn 4 hours of pharmacy credit. The sessions will cover evidence-based guidelines, drug-specific information, safe prescribing practices, safe medication administration, and more. A light lunch will be available in the meeting room for attendees of the full 8-hour session. For details, visit ITNS.org/AnnualSymposium.

Accreditation Statement
Category I Continuing Education Points for Transplant Certification have been applied for through the American Board for Transplant Certification. This activity has been submitted to the American Association of Neuroscience Nurses for approval to award contact hours. The American Association of Neuroscience Nurses is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
Registration Fees

<table>
<thead>
<tr>
<th></th>
<th>Early Bird- Before 19 Sept</th>
<th>After 19 Sept</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Full Symposium Registration</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Member Full</td>
<td>$565</td>
<td>$665</td>
</tr>
<tr>
<td><strong>Pre-Symposium</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8 hour</td>
<td>$225</td>
<td>$250</td>
</tr>
<tr>
<td>4 hour (am or pm)</td>
<td>$125</td>
<td>$150</td>
</tr>
<tr>
<td><strong>Nonmember Registration (Includes 1-year ITNS membership)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Active RN</td>
<td>$680</td>
<td>$780</td>
</tr>
<tr>
<td>Retired RN</td>
<td>$655</td>
<td>$755</td>
</tr>
<tr>
<td>Associate</td>
<td>$630</td>
<td>$730</td>
</tr>
<tr>
<td>Emerging Countries</td>
<td>$590</td>
<td>$690</td>
</tr>
</tbody>
</table>

Save $100!

Hotel Accommodations

The Westin Pittsburgh
1000 Penn Avenue
Pittsburgh, PA 15222
412.281.3700
Reservations: 888.627.7053
Online Reservations:
ITNS.org/AnnualSymposium

Rate: $189 USD per night plus taxes (single/double)
The special ITNS rate will apply until Monday, 12 September 2016, or when the room block is filled; at that point, other rates may apply.

Thank you to our Industry Relations Council

---

EXECUTIVE LEVEL

- Astellas
- Transplant
- Genentech
- Veloxis
ATTENTION Transplant Professionals: Earn up to 30 Contact Hours!

JOIN US to celebrate 25 years of ITNS in Pittsburgh, the city where it all started!

Visit ITNS.org/AnnualSymposium for a schedule and full session descriptions. Register before 19 September to save $100.