

*'Joie de vivre . . .  
Experience the Joy of Transplant Nursing'*

*Joy*



INTERNATIONAL  
TRANSPLANT  
NURSES  
SOCIETY

**18th Annual ITNS Symposium and General Assembly**

September 24–26, 2009 • Hilton Bonaventure • Montréal, Québec Canada



# 'Joie de vivre... Experience the Joy of Transplant Nursing'

Platinum Sponsor  
**Astellas Pharma US**



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**XDx**



**INTERNATIONAL  
TRANSPLANT  
NURSES  
SOCIETY**

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**www.itns.org**

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*Kathy Schwab, RN BSN CCTC*  
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Toronto, Ontario Canada

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Montréal, Québec Canada

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## **Symposium Venue**

The 18<sup>th</sup> Annual ITNS Symposium will take place in Montréal, Québec Canada. Montréal is a mosaic of cultures and traditions. Montréal is easily accessed by land, water and air. Downtown is a mere 20 minutes from the airport. This compact island city is great for walking, and can easily and safely be explored day or night. Montréal is also multicultural, boasting more than 80 ethnic communities, and enjoys an outstanding reputation worldwide for gourmet dining.

## **Host Hotel**

Hilton Montréal Bonaventure  
900 De La Gauchetiere Street West  
Montréal, Québec Canada H5A 1E4  
+1 514-878-2332 (main)  
+1 800-267-2575 (reservations)  
FAX: 514-878-3881  
www.hiltonMontréal.com

## **Direct Link for Hotel Reservations:**

<http://www.hilton.com/en/hi/groups/personalized/YULBHHF-ITN-20090921/index.jhtml>

Attendees of the 18<sup>th</sup> Annual ITNS Symposium will be pleased with the superior accommodations in the Hilton Montréal Bonaventure. They feature a combination of 395 beautifully appointed guest rooms, suites and Executive Club rooms on the Executive Club floor with private lounge. The guest rooms are being offered at \$179 CAD to attendees of the symposium. Use the Direct Link indicated above for making your hotel reservations. Or visit the ITNS website and use the link located on the ITNS homepage.

The Hilton Montréal Bonaventure offers a business center with

complimentary printing services and foreign currency exchange. For your convenience, there is a fitness room and an all season heated outdoor pool.

All reservations must be received by August 22, 2009 to receive the group rate. Rates are guaranteed based on group block availability. Reservations 3-days prior to and 3-days after the meeting will be accepted on space availability at the same rate.

Check-in time is 3:00 PM  
Check-out time is 12:00 noon.

## **Hotel Parking**

There is a parking garage directly under the hotel and parking rates are as follows:

Self-Park \$17 CAD (no in and out privileges)

Valet \$25 CAD per 24 hours (with in and out privileges).

Rates are subject to change.

## **Travel Preparations**

All attendees should carry with them a valid passport. ITNS has membership in over 29 countries. Attendees are encouraged to verify required travel documents to/from their country of origin.

For those needing to make travel arrangements, registration begins and a welcome reception will be held on Wednesday, September 23<sup>rd</sup> from 5:30 PM - 7:30 PM. The Symposium will begin on Thursday, September 24<sup>th</sup> with registration and continental breakfast at 7:15 AM. The Opening Ceremonies will start promptly at 8:00 AM. The symposium will end on Saturday, September 26<sup>th</sup> at 5:30 PM.



## **Air Transportation Service**

For those US-based attendees, Sue Ryan at Travel by Design can assist interested parties in making their air transportation arrangements. Ms. Ryan can be reached via email at [tbdesign@ameritech.net](mailto:tbdesign@ameritech.net) or by calling 847-395-2772. A standard travel agency fee applies when using this service to book your flight.

## **Airport /Hotel Transportation**

Distance from the Dorval International Airport to the hotel is approximately 12km and takes about 20 minutes.  
Bus service from the airport is \$13.00 CAD  
Limousine Service is \$65.00 CAD  
Taxi Service is \$35.00 CAD

# Symposium

## Continuing Education Credits

ITNS has applied to ABTC for providership approval of CEPTC credits for transplant coordinators who attend this symposium. An application has also been submitted to the Ohio Nurses Association. Historically, between 16-23 contact hours have been awarded for the symposium, however, the exact number of credits awarded will not be known until closer to the symposium. Nurses may call to inquire about contact hours. Please call the ITNS office at +1 412-343-4867 for information. International attendees will receive a Certificate of Attendance.

## ITNS Research Awards

The purpose of International Transplant Nurses Society's (ITNS) Research Grants Program is to encourage qualified transplant health care providers to contribute to the advancement of transplantation through research. This year there will be two research grant awards presented. The two (\$2,500.00) grants are sponsored by Astellas Pharma US and will be presented on Thursday, September 24<sup>th</sup>. To apply for these research grants, please visit the ITNS website at [www.itns.org](http://www.itns.org) and download the guidelines and application. The grant application deadline is July 1, 2009. If you have any questions about the ITNS research grants, please contact Dr. Cynthia Russell at [RussellC@missouri.edu](mailto:RussellC@missouri.edu).

## Symposium Format

The format of the symposium this year includes three full days of education. The Opening Ceremonies will be on the first day, September 24<sup>th</sup>. The morning will continue with a Keynote presentation on Evidence-Based Practice by Dr. Mary Krugman, the Research Awards and Presentations, and the morning will end with a presentation on the Transplant Nursing Scope and Standards. The afternoon will be comprised of abstract breakout sessions.

Day 2 will consist of 8 half-day workshops. **Attendees must select one morning workshop and one afternoon workshop when registering.** Each workshop consists of a program focused on a specific area of transplant. The morning workshop options include Staff Nurse, APN, Coordinator, and Pediatrics. The afternoon workshop options included Staff Nurse, Research, Palliative Care, and Administrative/Management. Detailed workshop descriptions are included in this brochure to assist you in making your selections. The afternoon will end with the Poster Session.

Day 3 will consist of the ever popular International Panel, a keynote presenter and plenary speaker, and afternoon abstract breakout sessions. The symposium will end with the Closing Ceremony and Award presentations.

ITNS SIG / Committee / Chapter Leaders meetings will be held on Thursday late afternoon or Friday morning before the scheduled workshops.

Registering early helps us keep costs down and plan better! Take advantage of the early registration discount by registering by August 15, 2009.

## Fee Schedule:

	Before August 15	After August 15
<b>Symposium:</b>		
ITNS Active Member.....	\$450 USD.....	\$500 USD
Non-member.....	\$525 USD.....	\$575 USD
Non-member (joining now, m'ship application included) .....	\$525 USD.....	\$575 USD
<b>One-day rate:</b>		
ITNS Active Member.....	\$150 USD.....	\$175 USD
Non-member.....	\$225 USD.....	\$250 USD

At the time of printing, these are the conversion rates:

USD	CAD	EURO	BP
\$450	C\$520	€335	£300
\$525	C\$606	€390	£347
\$155	C\$179	€114	£102

**All Cancellations must be received in writing. A (\$30) Administrative fee will be deducted from cancellations received up to 72 hours in advance. After that time, no refunds can be made.**

Complete the registration form enclosed within the brochure and fax the form and payment information to +1 412-343-3959. You can also send your completed form and payment via US mail.

Once you register, you will receive a confirmation letter from ITNS. If you do not receive a letter confirming receipt of your registration, please call us at +1 (412) 343-ITNS (4867) to check your registration status. Our fax number is +1 (412) 343-3959 and our email address is [itns\\_admin@msn.com](mailto:itns_admin@msn.com).

# Exhibits / Registration / Material Distribution

## **Exhibitor Information:**

*Wednesday, September 23*

Exhibit booth contractors ..... 8:00 AM – Noon  
Exhibitor Set-up ..... Noon – 5:30 PM  
Welcome Reception ..... 5:30 PM – 7:30 PM

*Thursday, September 24*

Continental Breakfast  
with exhibits ..... 7:15 AM – 8:00 AM  
AM Refreshment Break  
with exhibits ..... 9:30 AM – 10:00 AM  
Lunch with attendees  
(exhibits closed) ..... 12:30 PM – 2:00 PM  
PM Refreshment Break  
with exhibits ..... 3:15 PM – 3:45 PM

*Friday, September 25*

Continental Breakfast  
with exhibits ..... 7:30 AM – 8:00 AM  
AM Refreshment Break  
with exhibits ..... 9:30 AM – 10:00 AM  
Lunch with attendees  
(exhibits closed) ..... 11:30 AM – 1:00 PM  
PM Refreshment Break  
with exhibits ..... 2:30 PM – 3:00 PM

*Saturday, September 26*

Continental Breakfast  
with exhibits ..... 7:00 AM – 8:30 AM  
AM Refreshment Break  
with exhibits ..... 10:00 AM – 10:30 AM  
Exhibits Close / Tear down after morning break  
Lunch with attendees ..... 12:30 PM – 2:00 PM



## **Welcome Reception**

Please join us on Wednesday, September 23 from 5:30 PM – 7:30 PM in the registration area, as we welcome our members and guests to our 18<sup>th</sup> Annual ITNS Symposium, “Joie de Vivre... Experience The Joy of Transplant Nursing”. This is a wonderful opportunity to network, meet new colleagues and to begin to share the Joy from around the world.

## **Symposium registration and distribution of materials**

Wednesday, September 23 ..... 5:30 PM – 7:30 PM  
Thursday, September 24 ..... 7:15 AM – 4:30 PM  
Friday, September 25 ..... 7:00 AM – 6:00 PM  
Saturday, September 26 ..... 7:00 AM – 6:00 PM

## **Raffle Team/Donate an item**

Once again registrants at this year’s symposium will have another opportunity to participate in the fun and exciting ITNS Raffle. There is sure to be something for everyone with items ranging in value. Payment terms for raffle items will be: cash (US currency), check (payable in US Dollars), or credit card payment using Visa or MasterCard only.

Consider making a donation to the ITNS Raffle. All donations are tax deductible. With attendees from all corners of the earth you are encouraged to donate something that makes your area of origin special and unique. Make sure that your donation will ‘travel well’, is compact, lightweight, and can easily be placed in a suitcase. Think of picture books, jewelry, music CDs, t-shirts, sweaters, chocolates, gift certificates, hand-made items, autographed items, and cultural items. Contact us at [itns\\_admin@msn.com](mailto:itns_admin@msn.com) with any questions regarding the auction.

We prefer that you send your item in advance of the symposium, along with a brief description and estimated value. If you decide to carry your item with you to the symposium, we will need to receive a description of the item and its value well in advance by email.

### **Please send items to:**

**Marissa Cesar**  
**2321 des Erables #202,**  
**Montreal, Quebec Canada H2K3V4**

## **Direct Link for Hotel Reservations:**

<http://www.hilton.com/en/hi/groups/personalized/YULBHHF-ITN-20090921/index.jhtml>

# Special Interest Groups (SIG)/Committee Meetings

## **ITNS Advanced Practice Nurse Special Interest Group (SIG)**

This meeting is for nurses currently working as APNs, those enrolled in APN programs, as well as nurses and coordinators who are interested in the APN role and/or considering pursuing an advanced degree. This meeting will take place on Friday, September 25 from 7:00-8:00 AM.

## **ITNS Cardiothoracic Special Interest Group (SIG)**

The Cardiothoracic SIG will hold a meeting on Friday, September 25 from 7:00-8:00AM. This meeting is for Cardiothoracic SIG members, and those interested in cardiothoracic transplantation.

## **Chapter Leader Meeting**

Whether you are an ITNS member, associated with a chapter, or looking to start a chapter, this meeting is for YOU! Join us to discuss the adventures and challenges of chartering a chapter as well as ongoing growth and development in your local area/region. An international panel of Chapter Leaders and National Representatives will share their experiences and you'll find them to be great networking resources to answer questions and overcome issues you may be facing. Your Chapter Development Director, Chris Shay-Downer, will moderate the meeting and you'll have the opportunity to meet the new incoming Chapter Development Director as well!!! Hope to see you all there!!!! This meeting will take place Thursday, September 24 from 5:00-6:00 PM.

## **ITNS Education Committee**

The Education Committee will meet on Thursday, September 24 from 5:00-6:00 PM. The Education Committee members and any other ITNS member that would like to participate in developing / reviewing ITNS educational materials and programs should attend this meeting.

## **ITNS Pediatric Special Interest Group (SIG)**

The Pediatric SIG will hold a meeting on Thursday, September 24 from 5:00-6:00PM. Any ITNS member with an interest in Pediatric Transplantation is encouraged to attend. ITNS has many exciting projects underway related to pediatric transplantation.

## **ITNS Research Special Interest Group (SIG)**

The Research Special Interest Group (Research SIG) will hold its annual meeting on Friday, September 25<sup>th</sup> from 7:00-8:00 AM. This meeting is organized for members of the Research SIG and all ITNS members who are interested in research in transplantation. Researchers, Staff Nurses, Managers, Advanced Practice Nurses, Transplant Coordinators, Social Workers, Psychologists, Students, and all others will also find this session stimulating. Goals, activities, and outcomes of the Research SIG will be discussed. Please join us for a lively discussion!

## **ITNS Staff Nurse SIG**

This ITNS Staff Nurse Special Interest Group (SIG) includes transplant nurses from transplant centers all over the world interested in communicating with one another in order to improve the quality of care for all solid organ transplant recipients, donors, and their families. The mission of the ITNS Staff Nurse (SIG) is to create a forum to share the ideas and expertise of the bedside transplant nurse through collaboration, partnership, and the sharing of best nursing practice with an emphasis on evidence based research. Communication within this group is primarily through email. During the 2009 Annual ITNS Symposium in Canada, this SIG will come together to discuss short and long term goals as well as feedback from our own experts regarding new ideas and plans to broaden our involvement with ITNS and the transplant community. This meeting will take place on Friday, September 25 from 7:00-8:00 AM.



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## **Direct Link for Hotel Reservations:**

<http://www.hilton.com/en/hi/groups/personalized/YULBHHF-ITN-20090921/index.jhtml>

7:15 AM - 8:00 AM

Registration / Breakfast with Exhibitors

8:00 AM - 8:30 AM

*Outremont Ballroom*

Opening Flag Ceremony

8:30 AM - 9:30 AM

*Outremont Ballroom*

**Keynote Presentation**

**Evidence-Based Practice**

*Mary Krugman, PhD RN FAAN*

Director, Professional Resources

University of Colorado Hospital

Aurora, Colorado USA

9:30 AM - 10:00 AM

*Fontaine Ballroom*

Refreshment Break / Exhibits / Raffle

10:00 AM - 11:15 AM

*Outremont Ballroom*

**2008 ITNS Research Grant Recipient Presentations**

10:00 AM - 10:15 AM

**Evaluation of Post Solid Organ Transplant Patient**

**Education for Continuous Quality Improvement**

*Lecia Snell, RN MSN CCTN*

University of Nebraska Medical Center

Omaha, Nebraska USA

10:15 AM - 10:30 AM

**Chronic Illness Management Implementation-Building  
Research Initiative Group: Chronic Illness Management  
and Adherence in Transplantation (CIMI-BRIGHT)**

*Lut Burben, BSN MSN*

University of Basel

Basel Switzerland

10:30 AM - 10:45 AM

**Evaluation of the MedActionPlan™ (Organ Transplant  
Visual Medication Scheduler) to Improve Medication  
Adherence in Kidney Transplant Patients**

*Nataliya Zelovsky, PhD*

Children's Hospital of Philadelphia /

University of Pennsylvania School of Medicine

Philadelphia, Pennsylvania USA

10:45 AM - 11:00 AM

**Description of General Self-efficacy in Solid Organ  
Transplant Recipients**

*Rebecca Winsett, PhD*

University of Tennessee Health Science Center /

College of Nursing

Memphis, Tennessee USA

11:00 AM - 11:15 AM

**Structured Education for the Living Renal Donor**

*Sheilagh McCauley, RN*

The Hospital of the University of Pennsylvania

Philadelphia, Pennsylvania USA

11:15 AM - 11:30 AM

*Outremont Ballroom*

**2009 ITNS Research Grant Recipients**

Presented by *Cynthia Russell, PhD RN*

ITNS Research Director

11:30 AM - 12:30 PM

*Outremont Ballroom*

**Transplant Nursing Scope and Standards**

*Cynthia L. Russell, PhD RN*

Associate Professor

University of Missouri

Columbia, Missouri USA

12:30 PM - 2:00 PM

*Westmount Ballroom*

Satellite Luncheon

**Optimal Strategies in the Management of CMV in Solid  
Organ Transplantation**

*Atul Humar, MD*

Director Transplant Infectious Diseases

Associate Professor Department of Medicine

University of Alberta

Edmonton, Alberta, Canada

2:00 PM - 3:15 PM

Abstract Breakout Sessions

(see detailed breakout sessions)

3:15 PM - 3:45 PM

*Fontaine Ballroom*

Refreshment Break / Exhibits / Raffle

3:45 PM - 5:00 PM

Abstract Breakout Sessions

(see detailed breakout sessions)

5:00 PM - 6:00 PM

SIG/Committee meetings –

Chapter Leaders, Presidents' Meeting,

Pediatric SIG, and Education Committee

## OUTCOMES

Verdun & Lachine Rooms

2:00 PM - 2:25 PM  
**Addressing The Unique Data And Safety Monitoring Issues For Research Involving Health Telemonitoring**  
*Karen Kovach*  
 University of Pittsburgh  
 Pittsburgh, Pennsylvania USA

2:25 PM - 2:50 PM  
**Overall Quality of Life in Heart Transplant Recipients 10 Years Posttransplant**  
*Sandra Martin*  
 University Hospitals Leuven  
 Leuven, Belgium

2:50 PM - 3:15 PM  
**Levitronix Centrimag Short Term Devices Can Be Safely Nursed Outside of The Intensive Care Environment Resulting in Lower Cost Of Care**  
*Ashi Firouzi*  
 Royal Brompton & Harefield NHS Trust  
 London United Kingdom

3:45 PM - 4:10 PM  
**Beliefs And Attitudes to Medication in a Kidney Transplant Population**  
*Annette Lennerling*  
 Sahlgrenska University Hospital  
 Gothenburg, Sweden

4:10 PM - 4:35 PM  
**Medication Non-Adherence And Two-Year Infection, Rejection, Kidney Loss, And Death Outcomes Among Older Transplant Recipients: A Pilot Study**  
*Muammer Cetingok*  
 The University of Tennessee  
 Memphis, Tennessee USA

4:35 PM - 5:00 PM  
**Continuous Improvement in Measured Glomerular Filtration Rate With Tapering Calcineurin Inhibitor And The Introduction of Mycophenolate Mofetil in Liver Transplant Recipients**  
*Cheryl Dale*  
 London Health Sciences Centre  
 London, Ontario Canada

## PROFESSIONAL PRACTICE / EDUCATIONAL STRATEGIES

Outremont Room

2:00 PM - 2:25 PM  
**Clinical Drug Trials: What Patients Need to Know**  
*Barbara Mastroianni*  
 Cleveland Clinic  
 Cleveland, Ohio USA

2:25 PM - 2:50 PM  
**Lollipops for Life Initiative: Changing Healthcare Behaviour in a Transplant Intensive Care Unit (ICU)**  
*Grace Foster*  
 University of Illinois - Chicago  
 Chicago, Illinois USA

2:50 PM - 3:15 PM  
**Evaluation of Post-Solid Organ Transplant Patient Education For Continuous Quality Improvement**  
*Lecia Snell*  
 The Nebraska Medical Center  
 Omaha, Nebraska USA

3:45 PM - 4:10 PM  
**A Multidisciplinary Structured Education Program For Heart Transplant Recipients**  
*Sabine Gryp*  
 University Hospitals Leuven  
 Leuven, Belgium

4:10 PM - 4:35 PM  
**Transplant Unit Quality Project**  
*Heather Kunselman*  
 University Of Colorado Hospital  
 Aurora, Colorado USA

4:35 PM - 5:00 PM  
**Developing an Individualised Education Programme For The Deaf Transplant Recipient - A Case Study**  
*Moira Perrin*  
 Queen Elizabeth Birmingham  
 Birmingham, United Kingdom

## THE CHANGING HEALTHCARE ENVIRONMENT / CHANGING HEALTH BEHAVIOR

Mont-Royal & Hampstead Rooms

2:00 PM - 2:25 PM  
**Smoking Status in Patients After Lung Transplantation: Differences Between 2005-2008**  
*Veronique Schaevers*  
 University Hospitals of Leuven  
 Leuven, Belgium

2:25 PM - 2:50 PM  
**Quality of Life, Depression, And Weight Gain in Kidney Transplant Recipients**  
*Ann Cashion*  
 University of Tennessee Health Science Center  
 Memphis, Tennessee USA

2:50 PM - 3:15 PM  
**Dietary Intake in Persons in Renal Failure Awaiting Kidney Transplant**  
*Connie Cupples*  
 University of Tennessee Health Science Center  
 Memphis, Tennessee USA

3:45 PM - 4:10 PM  
**Managing Liver Transplants Using Electronic Medical Records: How Did The VA Get it Right 30 Years Ago And What is The Future?**  
*Tom Swanson*  
 Portland VA Medical Center  
 Portland, Oregon USA

4:10 PM - 4:35 PM  
**Interventions to Improve Medication Adherence After Transplantation: Do They Work?**  
*Sabina DeGeest*  
 University Hospital Leuven  
 Leuven, Belgium

4:35 PM - 5:00 PM  
**Post-Transplant Lifestyles of Elderly Patients And Risk of Non-Adherence to The Regime**  
*Mirjam Tielen*  
 Erasmus Medical Centre  
 Rotterdam, The Netherlands

## PEDIATRICS

sponsored by Astellas Pharma US  
 Lasalle Room

2:00 PM - 2:25 PM  
**The Recipient Coordinators Pivotal Role on The Day of Transplantation in a Paediatric Intestinal Programme**  
*Moira Perrin*  
 Birmingham Children's Hospital  
 Birmingham, United Kingdom

2:25 PM - 2:50 PM  
**Obesity In Pediatric Kidney Transplant Recipients: Multifactorial Approaches To Addressing The Issue.**  
*Angela Williams*  
 The Hospital For Sick Children  
 Toronto, Ontario Canada

2:50 PM - 3:15 PM  
**Varicella Vaccination Does Not Offer Long-Term Protection In Paediatric Renal Transplant Recipients.**  
*Gráinne M Walsh*  
 Evelina Children's Hospital  
 Guy's & St Thomas' NHS Foundation Trust  
 London, United Kingdom

## 3:15 PM - 3:45 PM — Fontaine Ballroom Refreshment Break / Exhibits / Raffle

Chapter Leaders

5:00 PM - 6:00 PM  
 Education Committee

SIG/Committee Meetings  
 Presidents' Meeting

Pediatric SIG  
 sponsored by Astellas Pharma US

7:00 AM - 8:00 AM

*Outremont Room*

SIG/ Committee meetings – Staff Nurse SIG, APN SIG, Research SIG, Cardiothoracic SIG

**Workshop #1**

8:00 AM - 11:30 AM

**Staff RN Practice and Tools**

Co-Chairs:

*Tammy Sebers, RN BSN CNN**Wendy Escobedo, BSN RN CCTN**Christy Teager, RN BSN CCTN***Who Should Attend?**

Professional nursing practice guides and supports the delivery of patient and family-centered care. Excellence is accomplished when caregivers are provided an environment within which they can develop best practice and achieve optimal patient outcomes. This occurs through education, collaboration, professional development, accountability for practice, and a strong partnership with those caring for transplant

patients. This workshop is designed to guide the staff RN through processes designed to help organize and deliver optimal care in the area of solid organ transplantation. Topics: 1) Evidence based practice and the staff nurse 2) Establishing transplant nurse competencies 3) CCTN Why certify? 4) Acuity adaptable model for transplant unit.

At the conclusion of this workshop, participants should be able to:

- Describe strategies to educate evidence utilizers about evidence based practice
- Describe methods of critically evaluating evidence
- Discuss strategies and apply tools for establishing intra-hospital staff RN competencies
- Describe benefits of CCTN certification
- Discuss the benefits of the acuity adaptable care model

**Agenda**

7:30 AM - 8:00 AM

Registration / Breakfast with the exhibitors

8:00 AM - 8:45 AM

**Staff Nurse Involvement in Evidence-Based Practice***Mary Krugman, PhD RN FAAN*Director, Professional Resources  
University of Colorado Hospital  
Aurora, Colorado USA

8:45 AM - 9:30 AM

**Establishing Transplant Nurse Competencies***Wendy Escobedo, BSN RN CCTN*Clinical Nurse IV  
Inpatient Care Coordinator  
St. Joseph Hospital  
Orange, California USA

9:30 AM - 10:00 AM

Refreshment Break / Exhibits / Raffle

10:00 AM - 10:45 AM

**CCTN: Why Certify? The Development of the Certified Clinical Transplant Nurse Exam***Kerry Anderson, BSN*Clinical Coordinator  
Ochsner Health System  
New Orleans, Louisiana USA

10:45 AM - 11:30 AM

**Implementation of an Acuity Adaptable Care Model on a 34 Bed Transplant Stepdown Unit***Renee DiGiovanni, RNBC CCTN*Director, Ochsner Health System  
New Orleans, Louisiana USA

11:30 AM - 1:00 PM Lunch

**Ethnocentrism Is an Unacceptable Rationale for Health Care Policy: A Critique of Transplant****Tourism Position Statements***Roger Evans, PhD*Consultant in Health Care  
Principal,  
TransplantProfessionals.com, LLC  
Rochester, Minnesota USA

7:00 AM - 8:00 AM

*Verdun & Lachine Rooms*

SIG/ Committee meetings – Staff Nurse SIG, APN SIG, Research SIG, Cardiothoracic SIG

**Workshop #2**

8:00 AM – 11:30 AM

**APN: Transplant Economic and Long-Term Management Implications**

Co-Chairs:

*Michelle James, MS RN CNS  
CCTN**Ann M. Herbage Busch, RN MS  
CWOCN, ACNS-BC CNS-PP***Who Should Attend?**

Transplantation outcomes have improved dramatically with the evolution of medical therapies and surgical techniques. Patients not only survive the transplant operation, but can expect significantly prolonged lifespans. Advanced Practice Nurses (APNs) now find themselves caring for increasing numbers of long-term survivors, many of whom develop chronic illness with unique implications due to chronic immunosuppression. What are some of the risk factors that can prevent successful outcomes? What are the costs of post transplant care, initially and

over the long term? How can the APN help to improve long-term outcomes while decreasing the economic impact for the patient and the healthcare system?

These issues will be addressed by international leaders at this ITNS APN workshop. The session will conclude with an international panel of advanced practice nurses who will share tools they have successfully utilized to improve long-term management of transplant patients.

This workshop is designed for clinical nurse specialists, nurse practitioners, nurse midwives, nurse anesthetists, and those interested in transplant at the APN level.

At the conclusion of this workshop, participants should be able to:

- Describe economic implications of transplant for the APN.
- Discuss metabolic risk factors that characterize metabolic syndrome and the implications to post-transplant long-term outcomes.
- Compare and contrast strategies for chronic pain management post-transplant
- Discuss tools used by three transplant centers internationally to guide long-term management of post-transplant patients.

**Agenda**

7:30 AM - 8:00 AM

Registration / Breakfast with exhibitors

8:00 AM - 8:45 AM

**The Economics of Transplantation Given Uncertain Times and Challenging Circumstances: An International Perspective***Roger Evans, PhD*Consultant in Health Care  
Principal,  
TransplantProfessionals.com, LLC  
Rochester, Minnesota USA

8:45 AM - 9:30 AM

**Prescription for Successful Pain Management in Transplant***Michelle James, MS RN CNS  
CCTN*Solid Organ Transplant Clinical  
Nurse Specialist  
University of Minnesota Medical  
Center, Fairview  
Minneapolis, Minnesota USA

9:30 AM - 10:00 AM

Refreshment Break / Exhibits / Raffle

10:00 AM - 10:45 AM

**Managing Metabolic Syndrome in Transplant Recipients***Danièle Lamarche, N BScN**MSc(A) CDE*  
Clinical Nurse Specialist,  
Internal Medicine*Norine Heywood, N BScN MSc(A)*Clinical Nurse Specialist, Transplant  
Royal Victoria Hospital Site -  
McGill University Health Centre  
Montréal, Québec, Canada

10:45 AM - 11:30 AM

**Panel: International Perspectives; Tools to Improve Long-Term Management of Transplant Patients***Ann M. Herbage Busch, RN MS**CWOCN ACNS-BC CNS-PP*  
Liver Transplant Clinical Nurse  
Specialist  
Portland VA Medical Center  
Portland, Oregon USA

11:30 AM - 1:00 PM Lunch

**Ethnocentrism Is an Unacceptable Rationale for Health Care Policy: A Critique of Transplant****Tourism Position Statements***Roger Evans, PhD*Consultant in Health Care  
Principal,  
TransplantProfessionals.com, LLC  
Rochester, Minnesota USA

7:00 AM - 8:00 AM

*Mont-Royal & Hampstead Rooms*  
SIG/ Committee meetings – Staff  
Nurse SIG, APN SIG, Research  
SIG, Cardiothoracic SIG

### Workshop #3

8:00 AM - 11:30 AM

#### Challenges of Co-morbidities in Transplant Recipients

Co-Chairs:

*Lynette Fix, RN BSN*

*Bonnie Potter, RN CCTC*

#### Who Should Attend?

Transplant coordinators, social workers, staff nurses

As transplant nurses we are faced with many challenges in the evaluation and management of patient with co-morbidities. These challenges pose many ethical dilemmas that result in the need for chronic illness management in both the pre and post transplant periods. We will identify and discuss management

of obesity, psychosocial concern and substance abuse and creative alternatives to identifying a living donor.

At the conclusion of this workshop, participants should be able to:

- Identify a brief history of addictions and organ transplant
- Identify psychosocial aspects of transplant
- Discuss the management of the obese patient
- Discuss creative alternatives to identifying a living donor

#### Agenda

7:30 AM - 8:00 AM

Registration / Breakfast with exhibitors

8:00 AM - 8:45 AM

#### Obesity and Transplantation; Issues and Options

*Lynette Fix, RN BSN*

Clinical Transplant Coordinator  
Mayo Clinic Foundation  
Rochester, Minnesota USA

8:45 AM - 9:30 AM

#### Ethical Complications of Organ Transplantation in Patients with Alcohol and Drug/Dependence

*Ted Laska*

Licensed Alcohol and Drug

Counselor

Mayo Clinic Foundation

Rochester, Minnesota USA

9:30 AM - 10:00 AM

Refreshment Break / Exhibits / Raffle

10:00 AM - 10:45 AM

#### What Were We Thinking?!?!?: Defining The High Risk Psychosocial Transplant Candidate And Positive Strategies For Dealing With Them.

*Marget Schmidtke, LICSW*

Thoracic Transplant Social Worker

University of Minnesota Medical

Center, Fairview

Minneapolis, Minnesota USA

10:45 AM - 11:30 AM

#### Ethical and Clinical Considerations in Expanding the Opportunities for Transplant

*Colleen Shelton, RN BAAN MHSc*

Nurse Manager

Toronto General Hospital

Toronto, Ontario Canada

11:30 AM - 1:00 PM Lunch

#### Ethnocentrism Is an Unacceptable Rationale for Health Care Policy: A Critique of Transplant

#### Tourism Position Statements

*Roger Evans, PhD*

Consultant in Health Care

Principal,

TransplantProfessionals.com, LLC

Rochester, Minnesota USA

7:00 AM - 8:00 AM

*Lasalle Room*

SIG/ Committee meetings – Staff  
Nurse SIG, APN SIG, Research  
SIG, Cardiothoracic SIG

### Workshop #4

8:00 AM - 11:30 AM

#### The Joy of Living: Children's Lives after Transplant

Co-Chairs:

*Beverly Kosmach-Park, RN MSN*

*CRNP*

*Gráinne Walsh, BSc RN RSCN*

#### Who Should Attend?

In the spirit of the ITNS

Symposium theme, Joie de Vivre, this pediatric workshop will focus on Children's Lives after Transplant with an emphasis on quality of life issues.

This workshop is designed for all nurses who care for children and their families on the transplant journey. Participants will benefit from the experience of their international colleagues and will gain insight into the parental experience of pediatric transplantation as we hear directly from parents of transplant recipients.

Participants are encouraged to join in the many interactive discussions that will compliment the presentations. We hope to generate networking and discussion to share transplant nursing practices to add a truly international flavor to this experience.

At the conclusion of this workshop, participants should be able to:

- Identify 3 positive outcomes for the child following transplantation
- Discuss the importance of peer and social support for children who undergo transplantation
- Discuss in general the parents' experience post-transplant
- Describe a new or different intervention as used by international colleagues

#### Agenda

7:30 AM - 8:00 AM

Registration / Breakfast with exhibitors

8:00 AM - 8:45 AM

#### Quality of Life: Do Pediatric Transplant Recipients Experience "Joie de Vivre"?

*Fiona Gamston, BSN RN RSCN*

Pediatric Transplant Sister

Birmingham Children's Hospital

NHS Foundation Trust

Birmingham United Kingdom

8:45 AM - 9:30 AM

#### Practice Dilemmas Related to Quality of Life Issues after Pediatric Transplant

Panel Discussion

9:30 AM - 10:00 AM

Refreshment Break / Exhibits / Raffle

10:00 AM - 10:45 AM

#### The Importance of Peer Support Post-Transplant: An International Perspective

*Denise Roberts, MSc BSc RN*

*RSCN*

Pediatric Transplant CNS

Central Manchester & Manchester

Children's Hospital Foundation Trust

Manchester United Kingdom

*Beverly Kosmach-Park, MSN*

*CRNP*

Clinical Nurse Specialist

Children's Hospital of Pittsburgh

Pittsburgh, Pennsylvania USA

10:45 AM - 11:30 AM

#### The Parental Experience of Transplantation - Panel Discussion (parents to be confirmed)

*Gráinne Walsh, BSc RN RSCN*

Pediatric Clinical Nurse Specialist

Evelina Children's Hospital,

Guy's & St. Thomas NHS

Foundation Trust

London, United Kingdom

11:30 AM - 1:00 PM Lunch

#### Ethnocentrism Is an Unacceptable Rationale for Health Care Policy: A Critique of Transplant

#### Tourism Position Statements

*Roger Evans, PhD*

Consultant in Health Care

Principal,

TransplantProfessionals.com, LLC

Rochester, Minnesota USA

## Workshop #5

1:00 PM - 4:30 PM

Outremont Room

### Transplant Basics

Co-Chairs:

*Tammy Sebers, RN BSN CNN*

*Wendy Escobedo, BSN RN CCTN*

*Christy Teager, RN BSN CCTN*

### Who Should Attend?

Issues throughout the transplant continuum impact staff nurses and their care of patients. By understanding these issues, staff nurses are able to develop expertise as caregivers, educators, and partners within the transplant team. This workshop is designed to assist the staff RN in gaining insight to management and interventions specific to transplant care at the bedside. All topics presented will be practically applied to the workplace and all those attending should be able to apply the knowledge gained to their own area of practice.

Topics: 1) Allocation 2) How tx medications alter immune system function 3) Post-tx infections/ complications 4) Case Study

At the conclusion of this workshop, participants should be able to:

- Identify current allocation policies regarding solid organ donation and transplantation
- Identify major categories of post transplant infection
- Describe the trajectory of post transplant infection
- Discuss the relationship between infection and rejection
- Synthesize the rejection response in organ transplantation
- Describe the immune action affected by common immunosuppression medications
- Discuss a unique case involving a young patient who endured abdominal trauma secondary to a gunshot wound requiring small bowel transplant

### Agenda

1:00 PM - 1:45 PM

#### Allocation Issues on an International Level

(speaker to be determined)

1:45 PM - 2:30 PM

#### Transplant Immunology Made Simple

*Lecia Snell, RN MSN CCTN*

Clinical Nurse Specialist

The Nebraska Medical Center

Omaha, Nebraska USA

2:30 AM - 3:00 PM

Refreshment Break / Exhibits / Raffle

3:00 PM - 3:45 PM

#### Infectious Disease in Transplant Recipients

*Sandra A. Cupples, PhD RN*

Outcomes Coordinator

Washington Hospital

Washington, DC USA

3:45 PM - 4:30 PM

#### Solid Organ Transplantation Case Study

*Christy Teager, RN BSN CCTN*

Staff Nurse

The Nebraska Medical Center

Omaha, Nebraska USA

## Workshop #6

1:00 PM - 4:30 PM

Lasalle Room

### Session Title: The "You Can Do It!" Series": What is my Research Question? How Do I Find a Research Instrument? How Do I Decide What Methods to Use?

Co-Chairs:

*Cynthia L. Russell, PhD RN*

*Christiane Kugler, RN PhD*

### Who Should Attend?

ITNS members who are interested in beginning a research project.

Purpose/Goal of Session: To provide the information and support needed to develop a research question, a research study plan, and select instruments to use in the study.

Level of information: Intermediate to Advanced practitioner with some research experience and strong desire to develop a research study.

At the conclusion of this workshop, participants should be able to:

- Identify the process of developing a research problem and research trajectory
- Discuss methods or approaches to address the selected research problem
- Analyze research instruments for the selected research problem
- Discuss a problem statement, purpose, research aim, research question, and/or hypothesis, methods or approaches, and instruments for a selected research problem

### Agenda

1:00 PM - 1:45 PM

#### Focusing Your Idea into a Research Question

*Cynthia L. Russell, PhD RN*

Associate Professor

University of Missouri

Columbia, Missouri USA

1:45 PM - 2:30 PM

#### Overview of Research Methods

*Christiane Kugler, RN PhD*

Research Group Leader

Hannover Medical School,

Thoracic Transplant Program

Hannover, Germany

2:30 AM - 3:00 PM

Refreshment Break / Exhibits / Raffle

3:00 PM - 3:45 PM

#### Selecting a Research Instrument

*Cynthia L. Russell, PhD RN*

Associate Professor

University of Missouri

Columbia, Missouri USA

3:45 PM - 4:30 PM

#### Consultation to Develop your Idea

*Cynthia L. Russell, PhD RN*

Associate Professor

University of Missouri

Columbia, Missouri USA

*Christiane Kugler, RN PhD*

Research Group Leader

Hannover Medical School,

Thoracic Transplant Program

Hannover, Germany

4:45 PM - 6:00 PM

## Poster Session / Wine and Cheese Reception

## Workshop # 7

1:00 PM - 4:30 PM

Mont-Royal & Hampstead Rooms

### Palliative Care and Transplantation

Co-Chairs:

Chris Shay-Downer, RN BSN  
CCTC

Patricia Folk, RN BSN CCTC

This workshop will offer a unique perspective on the evolving role of palliative care throughout the transplant process. Historically, palliative care has rarely been associated with transplantation and has frequently been perceived as a de-escalation of care. This workshop is intended to educate the attendees on the collaborative developments between the worlds of palliation care and transplantation. Although there is limited literature and experience in the field of transplant palliative care, a cross section of experts will clarify the role of palliation and entice the transplant nurse with its growing benefit to nursing care among patients, families,

caregivers, and the transplant team. The workshop will also provide information regarding communication skills and strategies for addressing end of life issues in the transplant population. An international perspective will be provided as well to demonstrate the role of palliative care in various countries and cultures. Please join us to discuss this evolving topic and its benefit to the transplant nurse and the transplant patient.

At the conclusion of this workshop, participants should be able to:

- Define palliative care
- Discuss the difference between palliative care and end of life/hospice care
- Identify three ways that palliative care can assist in the management of transplant patients
- Discuss the differences in definition and philosophy of palliative care treatment in the transplant population as seen on an international basis

## Agenda

1:00 PM - 1:45 PM

### Transplantation and Palliation: Can They Co-Exist?

Jennifer Gentry, ANP ACHPN  
FPCN

Clinical Associate, Duke University School of Nursing  
Adult Nurse Practitioner in Palliative Care  
Duke University Medical Center  
Durham, North Carolina USA

1:45 PM - 2:30 PM

### Symptom Management in Palliative Care: Stop, Look & Listen

Kathy Coulson, RN MScN ACNP  
CHPCN(C)

Advanced Practice Nurse, Palliative Care  
Kingston General Hospital  
Kingston, Ontario Canada

2:30 AM - 3:00 PM

Refreshment Break / Exhibits / Raffle

3:00 PM - 3:45 PM

### Communicating with Patients at the End of Life- What to Say and How to Say It

Manuel Borod, MD  
Assistant Professor, Department of Oncology  
McGill University Health Centre  
Montréal, Québec Canada

3:45 PM - 4:30 PM

### Panel Discussion: An International Discussion of Palliative Care in the Transplant Population

Workshop Presenters and

Clare Whittaker, BS  
Senior Clinical Nurse Specialist-Transplant  
The Royal London Hospital  
Whitechapel, London  
United Kingdom

## Workshop #8

1:00 PM - 4:30 PM

Verdun & Lachine Rooms

### Leading for Tomorrow

Co-Chairs:

Renee Bennett, RN BSN CNOR  
CCTN CCTC

Fiona Burrell, RN

### Who Should Attend?

Nurse Managers, Clinical Managers, nurses who have risen to positions in administration and those who aspire to do so. This is an excellent opportunity to network and brainstorm with transplant nurses with a desire to work in administration. With today's health care economy, we are all expected to do more with less. We want to share how to "work smarter, not harder" and how to give the best patient experience to our transplant recipients.

At the conclusion of this workshop, participants should be able to:

- Discuss career options for transplant nurses
- Describe challenges in health care today and creative ways of overcoming them
- Describe proven methods of improving staff morale and pt satisfaction
- Describe process of practice development

## Agenda

1:00 PM - 1:45 PM

### So Where do I go from here? How to Climb the Transplant Nursing Career Ladder

Kathy Schwab, RN BSN CCTC  
Clinical Manager

Mayo Clinic Rochester  
Rochester, Minnesota USA

1:45 PM - 2:30 PM

### Facilitating Change – The Essentials of Care Program

Fiona Burrell, RN  
Liver Transplant Clinical Nurse Consultant  
Royal Prince Alfred Hospital  
Camperdown, NSW Australia

2:30 AM - 3:00 PM

Refreshment Break / Exhibits / Raffle

3:00pm - 3:45pm

### Empowering Nurses in These Challenging Times

Lecia Snell, RN MSN CCTN  
Clinical Nurse Specialist  
The Nebraska Medical Center  
Omaha, Nebraska USA

3:45 PM - 4:30 PM

### Privileging, Credentialing and Competencies: Building Blocks of APN Practice

Jeffrey Arnovitz, MSN CNP CCTC  
Affiliated Clinical Practitioner  
Cleveland Clinic  
Cleveland, Ohio USA

4:45 PM - 6:00 PM

Poster Session / Wine and Cheese Reception

# Poster Session / Wine and Cheese Reception

Fontaine D-F Rooms

- P01 INCREASING ORGAN DONATION AT YALE NEW HAVEN HOSPITAL**  
*Sharon Klein*  
Yale New Haven Hospital  
New Haven, Connecticut USA
- P02 CAN A SELF-LEARNING MODULE BE AN EFFECTIVE LEARNING TOOL TO HELP EDUCATE TRANSPLANT NURSES TO PROVIDE ACCURATE AND CONSISTENT DISCHARGE EDUCATION?**  
*Marianne Banas*  
University of Chicago  
Chicago, Illinois USA
- P03 THE LIFE OF ADULTS RECEIVED LIVING-RELATED LIVER TRANSPLANTATION**  
*Chiharu Akazawa*  
Kyoto University  
Kyoto, Japan
- P04 PROVIDING TRANSPLANT-RELATED EDUCATION DURING OFF-SHIFTS**  
*Camilla Cook*  
Children's Hospital Boston  
Boston, Massachusetts USA
- P05 SPONTANEOUS CLEARANCE OF HEPATITIS C POST LIVER AND KIDNEY TRANSPLANT**  
*Cheryl Dale*  
London Health Sciences Centre  
London, Ontario Canada
- P06 PATIENT CHARACTERISTICS AND OUTCOMES ASSOCIATED WITH ULTRAFILTRATION ON AN ACUITY ADAPTABLE TRANSPLANT UNIT**  
*Erin Trembley*  
Ochsner Medical Center  
New Orleans, Louisiana USA
- P07 THE BENEFITS OF MUSIC THERAPY IN THE HOSPITAL SETTING**  
*Tricia Marie Richards*  
Hospital For Sick Children  
Toronto, Ontario Canada
- P08 IMPLEMENTING A DEDICATED CASE MANAGER ON A SOLID ORGAN TRANSPLANT UNIT**  
*Penny Dennis*  
Nebraska Medical Center  
Omaha, Nebraska USA
- P09 LIVER TRANSPLANTATION AND INHERITED METABOLIC DISORDERS**  
*Marilyn Moonan*  
Children's Hospital  
Boston, Massachusetts USA
- P10 EVALUATING THE IMPACT OF A 3-PHASE PROJECT ON SUSTAINING HAND HYGIENE COMPLIANCE ON A TRANSPLANT UNIT**  
*Tere Crouchet*  
Ochsner Medical Center  
New Orleans, Louisiana USA
- P11 IMPROVING THE FLOW WITH KIDNEY BIOPSY CLINICS**  
*Bernice Mathews*  
University of Michigan Hospital  
Ann Arbor, Michigan USA
- P12 JUST DO IT! GO PAPERLESS!**  
*Bernice Mathews*  
University of Michigan Hospital  
Ann Arbor, Michigan USA
- P13 EMPLOYEE RECOGNITION PROGRAM AT OUR TRANSPLANT CENTER**  
*Kathleen Savas*  
Cleveland Clinic  
Cleveland, Ohio USA
- P14 TRANSITION TO ADULT CARE: HELP THEM GROW...SO THEY'RE GOOD 2 GO!**  
*Maria De Angelis*  
The Hospital for Sick Children  
Toronto, Ontario Canada
- P15 LONGEVITY PERCEPTIONS IN PATIENTS WHO HAVE HAD THEIR KIDNEY TRANSPLANT FOR 25 YEARS OR LONGER**  
*Cindy Russell*  
University of Missouri  
Columbia, Missouri USA
- P16 THE FORMING ATTITUDE OF TEENAGERS TOWARDS ORGAN DONATION AND TRANSPLANTATION**  
*Irena Milaniak*  
John Paul II Hospital  
Krakow Poland
- P17 PRECAUTIONS IN THE PEDIATRIC TRANSPLANT PATIENT: EMBRACING THE EVIDENCE**  
*Karen Cote*  
Children's Hospital Boston  
Boston, Massachusetts USA
- P18 SUCCESSFUL MANAGEMENT OF A HIGH-RISK PREGNANCY NINE YEARS FOLLOWING HEART/LUNG TRANSPLANTATION**  
*Patricia Pagel*  
Mayo Clinic  
Rochester, Minnesota USA
- P19 DO KIDNEY TRANSPLANT PATIENTS EXPERIENCE BENEFIT FROM MONOTHERAPY**  
*Annemarie Louise Geel*  
Erasmus Medical Center  
Rotterdam The Netherlands
- P20 COMBINED LIVER AND KIDNEY TRANSPLANTATION: STRICT INDICATIONS FOR HEPATORENAL SYNDROME**  
*Rosario Lombardo*  
Santa Giammona  
Palermo Italy
- P21 LUNG TRANSPLANTATION FOR SARCOIDOSIS- CASE STUDY**  
*Ashi Firouzi*  
Royal Brompton & Harefield NHS Trust  
London United Kingdom
- P22 RENAL TRANSPLANT FROM LIVING KIDNEY DONOR 8 YEARS AFTER BONE MARROW TRANSPLANT FROM SAME DONOR**  
*Raymond Trevitt*  
Royal London Hospital  
London United Kingdom
- P23 POST-TRANSPLANT EMPLOYMENT AND ITS RELATIONSHIP TO PHYSICAL STATUS**  
*Wayne Paris*  
Southern Illinois University Carbondale  
Carbondale, Illinois USA
- P24 EVALUATING TREATMENT FIDELITY FOR TECHNOLOGY-BASED NURSING INTERVENTIONS**  
*Mary Connolly*  
University of Pittsburgh  
Pittsburgh, Pennsylvania USA
- P25 ETHNICITY AND ACCESS TO KIDNEY TRANSPLANT PROGRAMS**  
*Louise Maasdam*  
Erasmus Medical Centre  
Rotterdam The Netherlands
- P26 ABO INCOMPATIBLE RECIPIENT LIVER TRANSPLANT AS RESCUE FOLLOWING PRIMARY OLT GRAFT FAILURE**  
*Dudley Doug Elmore*  
UCSD Medical Center  
San Diego, California USA
- P27 LIVER TRANSPLANT (LTX) IN PATIENTS WITH HISTORY OF NON-HEPATIC MALIGNANCY**  
*Patricia Milot*  
University of Rochester Medical Center  
Rochester, New York USA
- P28 Medication Non-Adherence in The Adolescent Transplant Patient**  
*Laura Donnellan*  
Children's Hospital Boston  
Boston, Massachusetts USA

7:00 AM - 8:30 AM

*Fontaine A-E Rooms*

Registration / Continental Breakfast with Exhibitors / Raffle

7:30 AM - 8:30 AM

*Outremont Ballroom*

ITNS General Assembly

**(all ITNS members are strongly encouraged to attend)**

8:30 AM - 10:00 AM

*Outremont Ballroom*

**International Panel**

Moderators:

Christiane Kugler, Germany

Fiona Burrell, Australia

8:30 AM - 8:50 AM

**The Impact of Advanced Practice Nurses on Transplantation**

*Michelle James, MS RN CNS CCTN*

Solid Organ Transplant Clinical Nurse Specialist  
University of Minnesota Medical Center, Fairview  
Minneapolis, Minnesota USA

8:50 AM - 9:10 AM

**Single Center Experience in Multi-Organ Transplantation, 10 Year's Activity and International Partnership**

*Marcello Castellese, CCTC*

Clinical Transplant Coordinator  
IsMett  
Palermo Italy

9:10 AM - 9:30 AM

**Organ Donation – a Gift of Life**

*Anne Floden, RN MScN CETC TPMC*

Transplant Coordinator / Procurement  
Sahlgrenska University Hospital  
Gothenburg, Sweden

9:30 AM - 9:50 AM

**Witnessing Transformation:**

**My pathway to joy at work**

*Bernadette Dodd, BScN MN*

Clinical Nurse Specialist  
University of Alberta Hospital /  
Stollery Children's Hospital  
Edmonton, Alberta Canada

9:50 AM - 10:00 AM

Questions and Answers

10:00 AM - 10:30 AM

*Fontaine A-E Rooms*

Refreshment Break / Exhibits / Raffle  
(Exhibits / Raffle end after break)

10:30 AM - 11:30 AM

*Outremont Ballroom*

**The “Transplanted” Surgeon**

*Achilles A. Demetriou, MD PhD FACS*

President, University Hospitals and  
Vice Dean for Clinical Affairs  
School of Medicine  
Case Western Reserve University  
Cleveland, Ohio USA

11:30 AM - 12:30 PM

*Outremont Ballroom*

**“Clearing the High Risk Renal Transplant: When is it too risky?”**

*Michael J. Goldstein, MD*

Assistant Professor  
Columbia University Medical Center  
New York, New York USA

12:30 PM - 2:00 PM

*Westmount Room*

Lunch

2:00 PM - 3:15 PM

(see detailed breakout sessions)

3:15 PM - 3:45 PM

Refreshment Break / Raffle Payment & Pick-up

3:45 PM - 5:00 PM

Abstract Breakout Sessions

(see detailed breakout sessions)

5:00 PM - 5:30 PM

*Outremont Room*

**Closing Ceremonies - Awards**

**PROFESSIONAL PRACTICE**  
Mont-Royal & Hampstead Rooms

**ETHICS / DONOR ISSUES**  
Lasalle Room

**REJECTION**  
Outremont Room

**PSYCHOSOCIAL / SYMPTOM MANAGEMENT**  
Verdun & Lachine Rooms

2:00 PM - 2:25 PM  
**Fever in Pediatric Liver Transplant Recipients: What Do You Do?**  
*Sabrina Egman*  
IsMeTT  
Palermo, Italy

2:00 PM - 2:25 PM  
**Evaluation of 707 Adult Right Hepatic Lobe (Rh) Donors in a Large Western Center: A Successful Algorithm That Resulted in 180 Live Donor Adult Liver Transplants**  
*Denise Morin*  
Lahey Clinic  
Burlington, Massachusetts USA

2:00 PM - 2:25 PM  
**Successful Costimulation Blockade After CNI And MTOR Induced Hemolytic Uremic Syndrome (HUS) In a Renal Transplant Recipient**  
*Lilibeth Piso*  
Royal London Hospital  
London, United Kingdom

2:00 PM - 2:25 PM  
**Prevalence of Poor Sleep Quality in Renal Transplant Recipients**  
*Hanna Burkhalter*  
Institute of Nursing Science  
Basel, Switzerland

2:25 PM - 2:50 PM  
**Access 24/7 – An In-Hospital, Staff Nurse Based Model For After Hours On-Call Service**  
*Kathy Martin*  
Hospital for Sick Children  
Toronto, Ontario Canada

2:25 PM - 2:50 PM  
**Maximising The Donor Pool - The Development & Successful Introduction of a Non Heart Beating (Nhb) Lung Transplant Programme at Harefield Hospital**  
*Nicky Crouchen*  
Royal Brompton & Harefield NHS Trust  
Harefield, United Kingdom

2:25 PM - 2:50 PM  
**Stem Cell Rescue From Graft Vs Host Disease Following Multivisceral Transplantation**  
*Kathleen Dalesandro*  
University of Pittsburgh Medical Center  
Pittsburgh, Pennsylvania USA

2:25 PM - 2:50 PM  
**GASTROINTESTINAL SUFFERING IN RENAL TRANSPLANT RECIPIENTS; WHAT ABOUT SILENT SUFFERERS**  
*M. van Dijk*  
University Medical Centre  
Groningen  
Groningen The Netherlands

2:50 PM - 3:15 PM  
**The Neurologic Effects of Fulminant Hepatic Failure**  
*Darlene Lovasik*  
University of Pittsburgh Medical Center  
Pittsburgh, Pennsylvania USA

2:50 PM - 3:15 PM  
**Significant Medical Issues in “Healthy” Right Hepatic Lobe (Rh) Donor Candidates: The Importance of Donor Advocacy**  
*Denise Morin*  
Lahey Clinic  
Burlington, Massachusetts USA

2:50 PM - 3:15 PM  
**Proposal to Treat Acute Cellular Rejection (ACR) in Presence of Hepatitis C Viral (HCV) Infection in Post Liver Transplant Recipients in Relation to Hepatitis Activity Index (HAI). Single Centre Experience**  
*Judy Gierlach*  
University of Rochester Medical Center  
Rochester, New York USA

2:50 PM - 3:15 PM  
**Validity of The Three-Factor Scoring Model of The Pittsburgh Sleep Quality Index in Renal Transplant Recipients: A Confirmatory Factor Analysis**  
*Hanna Burkhalter*  
Institute of Nursing Science  
Basel, Switzerland

**3:15 PM - 3:45 PM Refreshment Break / Raffle Payment & Pick-up**

3:45 PM - 4:10 PM  
**Clostridium Dificile: Implementing Preventative Measures in The Transplant Clinical Practice Setting**  
*Phillamone Berry*  
Methodist University Hospital  
Memphis, Tennessee USA

3:45 PM - 4:10 PM  
**Live Donor Liver Transplantation: The Challenge of Primum Non Nocere**  
*Terry Mangan*  
Thomas E. Starzl Transplantation Institute  
Pittsburgh, Pennsylvania USA

3:45 PM - 4:10 PM  
**Treatment of Acute Antibody-Mediated Rejection After Cardiac Allograft Transplantation**  
*Mandy McCurry*  
Royal Brompton & Harefield NHS Trust  
Harefield, Middlesex  
United Kingdom

3:45 PM - 4:10 PM  
**Assessing Daily Burdens of Recipients And Family Caregivers After Lung Transplantation**  
*Jiayun Xu*  
University of Pittsburgh  
School of Nursing  
Pittsburgh, Pennsylvania USA

4:10 PM - 4:35 PM  
**How to Monitor And Analyse Infection Rate in a Transplant Center**  
*Maria Campanella*  
IsMeTT  
Palermo, Italy

4:10 PM - 4:35 PM  
**Attitudes of Living Kidney Donors Towards Financial Incentives: For Love or Money?**  
*Marleen Van Buren*  
Erasmus Medical Center  
Rotterdam, The Netherlands

4:10 PM - 4:35 PM  
**Feasibility And Clinical Utility of a Method to Collect And Store Human Blood Samples For Later Genetic Analysis**  
*Ann Cashion*  
University of Tennessee Health Science Center  
Memphis, Tennessee USA

4:10 PM - 4:35 PM  
**Abdominal Cutaneous Numbness in The Supraumbilical Region And Its Complications in The Post Liver Transplant (Ltx) Patient.**  
*Mary Vetter*  
University of Rochester Medical Center  
Rochester, New York USA

4:35 PM - 5:00 PM  
**Nurse Led Surgery – Provision by a Renal Advanced Nurse Practitioner – An Update**  
*Chris Earl*  
Manchester Royal Infirmary  
Manchester, United Kingdom

4:35 PM - 5:00 PM  
**Improving The Living Donor Process Thru a Living Donor Mentor Training Program**  
*Sandra Feldkamp*  
University of Michigan Hospital  
Ann Arbor, Michigan USA

4:35 PM - 5:00 PM  
**Primary Graft Failure After Heart Transplantation: Independent Determinants**  
*Santa Giammona*  
IsMeTT  
Palermo, Sicily Italy

4:35 PM - 5:00 PM  
**Nonconventional Therapeutic Practice Intervention For Relaxation, Pain Management And Hemodynamic Management in Immediate Post Operative Liver Transplant Recipients: The Pilot**  
*Phillamone Berry*  
Methodist University Hospital  
Memphis, Tennessee USA

5:00 PM - 5:30 PM **Closing Ceremony / Awards Presentation**



# 2009 Symposium Registration Form

18<sup>th</sup> Annual ITNS Symposium and General Assembly

September 24-26, 2009 • Hilton Montréal Bonaventure, Montréal, Québec Canada



Hotel Reservations: <http://www.hilton.com/en/hi/groups/personalized/YULBHFF-ITN-20090921/index.jhtml>

Registration begins and the Welcome Reception will be held on Wednesday, September 23<sup>th</sup> 5:30pm - 7:30pm.  
The Symposium begins at 8:00am on Thursday, September 24<sup>th</sup> and ends at 5:00pm on Saturday, September 26<sup>th</sup>.

## NAME BADGE INFORMATION:

First name: \_\_\_\_\_ Last name: \_\_\_\_\_

Degrees/credentials: \_\_\_\_\_ Position/Role: \_\_\_\_\_

Employer: \_\_\_\_\_ Employer: \_\_\_\_\_  
(City/State/Province)

## CORRESPONDENCE ADDRESS: Home Work

Mailing address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Postal code: \_\_\_\_\_

Country: \_\_\_\_\_ Email: \_\_\_\_\_

Phone number: \_\_\_\_\_ Fax number: \_\_\_\_\_

## WORKSHOP SELECTION:

There are 8-1/2 day workshops, please select one option for the morning and one option for the afternoon

### Morning Workshop Options (select ONLY ONE)

- Staff RN Practice and Tools
- APN: Transplant Economic and Long-Term Mgmt Implications
- Challenges of Co-morbidities in Transplant Recipients
- The Joy of Living: Children's Lives after Transplant

### Afternoon Workshop Options (select ONLY ONE)

- Transplant Basics
- The "You Can Do It!" Series (Research)
- Palliative Care and Transplantation
- Leading for Tomorrow

## SIG / COMMITTEE / CHAPTER LEADERS MEETINGS:

- APN  Cardiothoracic  Chapter Leaders
- Education  Research  Staff Nurse

## LUNCH OPTIONS: I will attend lunch...

- Thursday  Friday  Saturday

I will attend the **Welcome Reception** ..  Yes  No  
Wednesday, September 23, 5:30-7:30pm (no charge/fee)  
(Symposium begins Thursday, September 24)

## I will attend the **Poster Session/Wine Reception**

Friday, September 25<sup>th</sup> 4:45-6:00pm.....  Yes  No

I would like to serve as a **Moderator**...  Yes  No

## SPECIALTY INTEREST:

- Kidney/Pancreas  Heart/Lung  Liver
- Small Bowel  Research  QOL
- Procurement  Pediatrics  Donor
- Other \_\_\_\_\_

**INTEREST LEVEL:**  Staff  Advanced Practice  
 Transplant Coordinator

Is this your first ITNS Symposium? .....  Yes  No

## PAYMENT ENCLOSED: (payable in US Funds only)

Symposium..... \$ \_\_\_\_\_ USD

(early registration discount before August 15th)

- Member (\$450 / \$500) ITNS # \_\_\_\_\_
- Non-member Joining now (m'ship application enclosed) (\$525 / \$575)
- Non-member (\$525 / \$575)

One-Day (See fee schedule) ..... \$ \_\_\_\_\_ USD

- Thursday  Friday  Saturday

- Personal check  VISA
- Company/hospital check  MasterCard

Card #: \_\_\_\_\_

Please add CVV or CID number

Please enter 3-digit number from the back of your card immediately following the account number.  
This is required to process a card which is not physically present at ITNS headquarters.

Expiry date: \_\_\_\_\_ (month/year)

Signature: \_\_\_\_\_

If the credit card is not the registrant's card, please provide the following:

Cardholder Name: \_\_\_\_\_

Billing Address: \_\_\_\_\_

City, State Zip: \_\_\_\_\_

Email: \_\_\_\_\_

# ITNS Membership Application

Visit our web site at [www.itns.org](http://www.itns.org)



International Transplant Nurses Society  
1739 E. Carson Street, Box #351  
Pittsburgh, Pennsylvania 15203-1700 USA  
+1(412) 343-ITNS (4867)  
Fax: +1(412) 343-3959  
[www.itns.org](http://www.itns.org) [itns@msn.com](mailto:itns@msn.com)

## Contact Information

Name: \_\_\_\_\_

Degree/Certifications: \_\_\_\_\_

Recruited by: \_\_\_\_\_

I heard about ITNS through:  Colleague  ITNS website  
 ISHLT  ANNA  ATC  NATCO  EDTNA  
 Transplant Games  BTS  Contemporary Forums  
 ITNS Educational Materials  Other \_\_\_\_\_

Preferred Mailing Address:  Home  Work

Preferred E-Mail Address: \_\_\_\_\_

### Home address:

Street: \_\_\_\_\_

City: \_\_\_\_\_

State/Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Country: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### Work address:

Hospital/Company: \_\_\_\_\_

Position: \_\_\_\_\_

Dept/Div: \_\_\_\_\_

Bldg/Room: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_

State/Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Country: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Fax Number: \_\_\_\_\_

## Membership Dues Payment in U.S. Funds Only

**Active RN** \$75/year \$200/three years (circle one)  
(All RNs. All Active members are entitled to vote, hold office and serve on committees at the international level. Per the ITNS Bylaws, any RN must join as Active)

**Associate** \$50/year \$135/three years (circle one)  
(Any non-RN health professional involved in transplantation. Associate members are not entitled to vote, hold office or serve on committees on an international level but may participate in these activities in local ITNS chapters.)

**Emerging Countries Members** \$25/year \$75/3 years  
ITNS is pleased to announce a reduced membership fee to allow transplant professionals from countries with emerging economies the opportunity to join the society at a reduced rate of \$25. For ITNS to support, these members will have access to all benefits in electronic format only, thus it is required that we have an e-mail address for this membership category. Countries are defined as low income and or an IDA lending status by the World Bank as of July 2006, or as a European Emerging Country by Europe. A list of countries is available at <http://itns.org/membership/reduced-rate>.

Check  VISA  MasterCard

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3-digit code

# \_\_\_\_\_ Expiry \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

## Demographic Information

### 1. How many years have you been a nurse?

< 2  2-3  4-5  6-10  11-19  > 20

### 2. How many years in Transplantation?

< 2  2-3  4-5  6-10  11-15  
 16-20  > 20

### 3. Work setting?

University Affiliated  Military  Academic  
 Community/Private  Registry  Government  
 Organ Procurement  Other: \_\_\_\_\_

### 4. Area of employment?

Transplant Unit  Clinical Research  ICU  
 Outpatient  Pediatrics  Other: \_\_\_\_\_

### 5. Your position?

Staff Nurse  Charge/Team Leader  
 Head/Assistant Head Nurse  Nursing Admin  
 Supervisor  Transplant Coordinator  
 In Service/Staff Development  Instructor  
 Clinical Nurse Specialist/Clinician  
 Nurse Practitioner  Other: \_\_\_\_\_

### 6. Which organ/tissue recipients do you care for?

Liver  Kidney  Composite  Bone Marrow  
 Lung  Heart  Pancreas  Islet Cell  
 Small Bowel  Other: \_\_\_\_\_

### 7. Highest level of nursing education?

Student  LVN/LPN  RN  RN ADN  
 RN BS  RN BSN  RN Diploma  Masters Degree  
 NP  Doctorate  RN BScN  DNSc

### 8. Do you care for pediatric recipients? Yes No

### 9. I would be interested in information for the ITNS Special Interest Groups (SIG)

Education  Research  Cardiothoracic  
 Staff Nurse  Pediatric  Advanced Practice  
 Other SIG Interest \_\_\_\_\_

Please send me information on the closest local ITNS chapter:

USA  Canada  Europe  Starting a Chapter

I am also a member of:  AACN  ANNA  EDTNA  
 ETCO  ISHLT  NATCO  ONS  BTS  
 Sigma Theta Tau  Other: \_\_\_\_\_

ITNS occasionally provides or sells its membership list strictly for the dissemination of transplant-related educational announcements. If you would not like to receive this type of information, please place an 'X' in the box and your name will not be included when our list is distributed to other organizations and transplant-related companies.